

Lunchtime Sandwich and Salad Menu

Sandwiches

We are pleased to offer a selection of sandwiches for your enjoyment.

They are available on **white or wholemeal ciabatta**

For a fuller lunch, add a bowl of soup to any sandwich for £2.95

Add a portion of hand cut chunky chips for just £1.95

Local Jamie Ward sausage with Cox's apple and wholegrain mustard	£5.95
Welsh minute steak sandwich with caramelised onions	£6.95
Free range chicken club sandwich with bacon and tomato	£6.25
Somerset brie, tomato and pesto sandwich (V)	£5.50
Prawn and marie rose sandwich with shredded iceberg lettuce	£6.25
Jamie Ward baked ham sandwich with salad and home made piccalilli	£4.95
Cheddar cheese sandwich with onion and chutney (V)	£4.95

Salads

Bargee's lunch – A selection of Shropshire cheeses, Jamie Ward baked ham, home made chutney, pickled onion, salad and ciabatta	£9.50
<i>(A Bargee is like a Ploughman but floats on water!)</i>	
FR chicken Caesar salad with anchovies, parmesan & parma ham crisp	£8.95
Grilled tuna nicoise salad with red onions, olives & sun blushed tomatoes	£9.25
Greek salad with red onion, tomatoes, olives and glazed Feta cheese (V)	£7.50

Desserts

We always have a fantastic selection of home made desserts for you to enjoy.

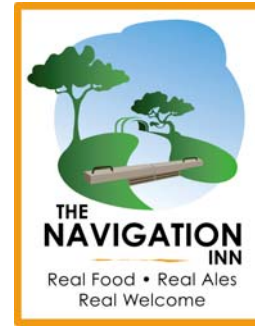
We also offer freshly ground coffee including cappuccino, latte and espresso.

Usual Opening Hours

Bar: Lunch: Wed – Sat 12 – 2, Evenings: Tues – Sat 6 – 11, Sundays 12 – 6

Food: Lunch: Wed – Sunday 12 – 2, Evenings: Tues – Fri 6 – 8.30, Sat 6 - 9

We are closed Sunday evenings, all day Mondays, and Tuesday lunch times.



The Navigation Inn
Maesbury Marsh, Oswestry, SY10 8JB
Bridge 79, The Montgomery Canal

Telephone: 01691 672958
Web: www.thenavigation.co.uk
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Sample Menus

Real Food – Real Ales – Real Welcome

We invite you to join us at **The Navigation Inn**, a beautiful 18th Century Canalside Inn, located on the gorgeous Montgomery Canal at Maesbury Marsh.

At '**The Navy**' we take pride in every element of what we do, basing our approach on the simple question 'Would we go there ourselves?' What we mean by this is:

- Do we get a nice welcome?
- Is the service good?
- Is the food freshly home cooked using local produce and traceable meats?
- Is there a comfortable ambience?

We believe that the answer to all of the above questions is **YES**, and strive to make sure that we maintain the high standards which we have for some 6 years.

In this leaflet we have laid out a sample selection of our menus to give you an idea of the type of food that we offer. Please note that these are samples – our menus change with the seasons, and external factors may cause items and / or prices to alter.

With a **Cask Marque** award for the quality of our real ales, and a great selection of wines and other drinks, we are also perfect if you just want to stop for a drink or three! We also have a canalside patio where you can enjoy al fresco dining and drinking.

Well behaved dogs are always welcome and customers are welcome to dine in the bar area with their dogs by their table if they so wish. We also welcome well behaved children. Whilst we do not offer a 'Children's Menu', we are happy to offer smaller portions of many items, and can serve with sauce on the side etc.

Our rural location is part of our attraction, but doesn't mean that we are hard to find. From Shrewsbury, turn left off the A5 towards Knockin, and as you come out of Knockin take the 1st right by the farm. We are about 1 mile on right. From Wrexham, follow A483. After Mile End Services (where A5 goes to left), take 2nd left after about ½ mile to Maesbury. We are about 2 miles on left. From Welshpool take A483 for Oswestry. Pass Sweeney Hall on right and take first right to Maesbury. From Oswestry, follow signs for Shrewsbury and turn right by Highwayman pub through industrial estate. At main road, there is a staggered crossing – turn right and immediately left for Maesbury. We are about 2 miles on left. Postcode for Sat Nav is SY10 8JB. Telephone number for lost is 01691 672958!

We invite you to join us at **The Navy**. If you do plan to visit us, it does help us if you are able to **make a reservation in advance – priority will always be given to those with reservations**. We look forward to welcoming you.

Fixed Price Menu

2 courses £20.95, 3 courses £24.95

Available Tuesday – Saturday evenings

Starters

- Chef's homemade soup of the day (V)
- Ham hock terrine with home made piccalilli and croutes
- Home cured salmon gravadlax with breaded king prawn
- Pan fried calamari with guacamole, crème fraiche and sweet chilli sauce
- Tomato and basil tortellini with cheese sauce (V)
- Potted salt beef with croutes

Main Courses

- Shropshire sirloin steak with hand cut chips, tomato, garlic mushrooms and blue cheese sauce (*£3 supplement for steak*)
- Roast rack of Jamie Ward outdoor reared pork with sage mashed potato and celeriac puree
- Spanish style free range chicken with chorizo, rocket and roasted new potatoes
- Fish of the day
- Warm roast butternut squash, pine nut & rocket salad with balsamic dressing (V)

Sunday Lunch

Our popular Sunday lunches offer a great choice of Starters, Main Courses and Desserts. The Main Course always offers a choice of at least 2 roasts, whether Welsh or Shropshire Beef, Jamie Ward's Shropshire outdoor reared Pork, Welsh Lamb or free range Shropshire chicken, cooked to your requirements. We also offer a Sunday bar menu for those who just want to chill out with a pint or two! Muddy boots & well behaved dogs welcome

Sunday lunch is served 12 – 2pm. Dining Room - 2 courses £14.95, 3 courses £17.95

Bargee's Menu

Available Tuesday – Saturday evenings and Wednesday – Saturday lunch

Starters

- Chef's homemade soup of the day (V) £4.50
- Spicy baked haricot beans with pancetta and tomatoes on garlic toast £5.75
- Spicy free range chicken wings with garlic aioli dip £5.95
- King prawn and scallop kebabs with Thai green curry sauce £7.50
- Chicken liver crème brulee with croutes and onion marmalade £5.75
- Tomato and olive bruschetta topped with buffalo mozzarella (V) £5.65

Main Courses

- Welsh rump beef steak with peppercorn sauce, mushrooms and chips £14.95
- Home made pan fried crab cakes with red pepper coulis and leaf salad £9.95
- Pie of the day with roast potatoes £9.50
- Battered fish with hand cut chunky chips, pea puree and tartare sauce £9.50
- Trio of 'Home Farm' Sausages with bubble and squeak cake and gravy £9.50
- Home made beef burger with hand cut chunky chips £8.95
- Cheese £0.65 extra Bacon £0.65 extra*
- Lamb's liver and bacon with black pudding mash and onion gravy £8.50
- Macaroni cheese with slow roasted tomatoes and garlic bread (V) £9.50
- Baked Jamie Ward ham with sautéed potatoes and parsley sauce £7.95

Special Offers

Our **Early Bird** offering is available Tuesday – Friday evenings between 6 and 7pm. Early Bird diners get a **15% discount** on their total food bill when ordering 2 or more courses from the **Bargee's** or **Fixed Price Menus**. Please book in advance.

From Tuesday - Friday (lunch and evening) we offer our **Menu du Jour** - chef's choice of 3 courses for just £13.50. Friday night is **Fish and Chip night** – enjoy home battered fish with hand cut chunky chips for just £6.95 or £7.95 with crushed peas. Eat in or take out (£5.95).